Logged Hours

Name: Membership No.:

For which discipline and level are you logging hours?

Alpine Snowboard Telemark

Adaptive Race Coach Freestyle Coach

L1 L2 L3 L4

Please fill in the following table and send it completed to
membership@iasisnowsports.ie and **education@iasisnowsports.ie**

In the Session Content boxes please include:

- whether you were shadowing or teaching
- what level the lesson was e.g. snowplough or equivalent
- if adaptive, which discipline and activity e.g. biski bucketing

Date(s)	Location and Ski School	Session Content	Supervisor's signature	No. of hours

TOTAL HOURS: