

IRISH ASSOCIATION OF SNOWSPORTS INSTRUCTORS

Level 3 Snowboard Teaching Exam Assessment Criteria

Part of the Snowboard Teacher Award, ISIA



August 2020

Teaching assessment criteria:

The following criteria are broken down under the headings of **Safety, Enjoyment and Learning (SEL)**. It sets out what you as potential level 3 teachers need to **"Know"** by the end of the course and what do you need to **"Show"** when delivering your session(s) and reviewing your peer's sessions.

SAFETY

Know

- The 10 FIS Rules of Conduct for skiers and snowboarders.
- The 4 FIS Instructor Rules.
- About accident procedure in a resort on and off piste.
- About the different types of lifts encountered in resorts and how to use them safely.
- About weather and its potential effects on your learners.
- About all types of snow conditions and how to deal with them tactically.

Show

- Good group management during sessions delivered.
- The ability to use and teach the FIS rules of conduct as required.
- The ability to follow the 4 FIS Instructor Rules.
- The ability to give clear instructions/directions to assist with management of learners.
- Awareness of other slope/mountain users.
- Good communication with other instructors delivering sessions as required.
- Good choice of terrain and slope selection appropriate to the learner's ability level.
- The ability to deal with all snow types and help your learners with tactics to cope with the conditions.
- The ability to deal with different weather conditions; whiteout, poor visibility, cold, sun etc. and make good decisions to ensure the safety and wellbeing of your learners.

ENJOYMENT

Know

- How to adapt lessons for adults and children.
- A range of activities for each stage of Core Rider Development (CRD) and for All Mountain Riding (AMR).

Show

- Confident communication that focuses on the whole group and individuals within the group.
- The ability to use language that is appropriate to your learner's knowledge and understanding, but still not overly technical, while remaining accurate to the Basic Principles.
- The ability to adapt your approach to different types of learners.
- The ability to present activities in a fun and interesting way using analogies & imagery as required.
- The ability to keep learners moving (MCA), teaching on the move and using the runs and terrain available.
- The ability to set an appropriate "climate" that promotes both enjoyment and hence learning.

LEARNING

Know

- The IASI PEAR MODEL
- The Reproduction Styles A to E (Mosston & Ashworth).
- The Production Teaching Styles F to K (Mosston & Ashworth).
- About different types of Feedback.
- About SMART Goal Setting.
- The 6 Ways to Influence (Robert Cialdini).
- About using video to enhance learning.

Teaching

Show

- Consistent use of the PEAR MODEL before, during and after your sessions.
- A logical progression of activities for CRD and AMR sessions.
- Clear & accurate demonstrations of all phases of CRD.
- Sessions that have a good structure and come to a clear conclusion.
- The ability to skilfully use different teaching styles where appropriate (A to I).
- A good understanding of teaching styles J & K.
- The ability to use a good mixture of explanation and demonstration.
- A clear understanding of skill acquisition and the ability to recognise which phase your learners are in and how to adapt your sessions/activities for individual learners.
- The ability to give informative, positive and corrective feedback through telling and questioning.
- The ability to set realistic goals with your learners.
- The ability to use video and analyse your learner's performance in playback.
- An understanding of the 6 ways to influence and how to integrate them to your delivery.
- The ability to review your peer's sessions, identifying strengths and weaknesses in their delivery through the use of questioning rather than telling.

The overall expectation at this level will be a sound knowledge of the CRD, and the how the skills learnt relate to AMR riding at a Level 3 standard. You will be expected to display this knowledge in a range of sessions throughout AMR. This may include trainer appointed and self appointed sessions of varying lengths and in different settings. Sessions should be relevant to the skill level of the exam group, with an ability to make improvements to your peers riding. Strong use of the PEAR model will be emphasised and expected throughout the week.

g) Resources:

- 1) IASI Manual – Derek Tate, Jamie Kagan, Federico Sollini
<https://iasisnowsports.ie/education/iasi-manual/>
- 2) Parallel Dreams Alpine Skiing, 2007 available from Amazon
http://www.amazon.co.uk/s/ref=nb_sb_noss?url=searchalias%3Daps&field-keywords=parallel+dreams+alpine+skiing
- 3) Ski Instructors Handbook – Teaching Tools and Techniques, 2012 available as ebook from Amazon, iBooks and print version from Parallel Dreams and Amazon
- 4) Ski Instructors Assistant by Derek Tate, 2014 available as a free download from Apple iBooks <https://itunes.apple.com/us/book/skiinstructors-assistant/id916145002?ls=1&mt=11>
- 5) Spectrum of Teaching Styles <http://www.spectrumofteachingstyles.org>
- 6) Ski Instructors Handbook – Technical Skills & Drills, 2011 available in print from Parallel Dreams and Amazon
- 7) Irish Interski Team – resource website with videos and documents from over 30 countries
www.irishinterskiteam.com
- 8) Irish Snowsports Teaching Methodology (ISTM), 2016, article written by Derek Tate & available on the IASI website.
www.iasisnowsports.com/#!documents/c20pp
- 9) 10 FIS Rules of Conduct for skiers & boarders http://www.fis-ski.com/mm/Document/documentlibrary/Administrative/02/04/30/10FISRulesofConduct-EnglishA4_Neutral.pdf

IASI QUALIFICATION PATHWAY SNOWBOARD



LEVEL 1 SNOWBOARD INSTRUCTOR
(for artificial surfaces and snowdomes)



LEVEL 2 SNOWBOARD INSTRUCTOR
(for working within a snowsports school structure)



LEVEL 3 SNOWBOARD TEACHER
(ISIA stamp)



LEVEL 4 SNOWBOARD TEACHER
(ISIA card)



Notes:

- ISIA is the International Ski Instructors Association.
- The ISIA stamp is issued at Level 3.
- The ISIA card is issued at Level 4.
- The CPD refresher requirement for Level 1 and Level 2 is 1 day every 3 years, plus a valid First Aid certificate.
- The CPD refresher requirement for Level 3 and Level 4 is 1 day every year (this is an ISIA requirement) plus a valid First Aid certificate.

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www.iasisnowsports.com

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The Technical content of this workbook has been adapted from content in the book “Parallel Dreams Alpine Skiing” © Parallel Dreams. Adaptations include the Snowboard Performance Analysis model (SPAM), CRD model and BP model with permission of Parallel Dreams Coaching.

The Teaching Styles referred to in this publication are those developed by Muska Mosston and later Sara Ashworth.

See www.spectrumofteachingstyles.org