

Name: _____
Date: _____
Location: _____
Course: _____

IASI Level 1 Course Report Form

Educator: _____



Safety (Primarily planning in PEAR model):

- Uses good group management during sessions delivered
- Teaching uses FIS rules of conduct as required
- Provides clear instructions/directions
- Shows awareness of other slope users
- Matches tasks, terrain and slope selection to the learner's ability level
- Shows the ability to adapt to and deal with a variety of weather conditions

Enjoyment (Planning, Execution and Adapting)

- Communication is confident, clear and enthusiastic
- Communicates with the whole group and individuals as required
- Uses simple language that relates to the Basic Principles
- Adapts language to suit different learners
- Activities are presented in an engaging way that promotes long term learning
- Keeps learners active through appropriate lesson pacing

Learning (Planning, Execution, Adapting and Reflecting)

- Sessions show a clear logical structure
- Shows the ability to use different teaching styles to help the students
- Balances explanation and demonstration
- Shows a basic understanding of learner phases and how to adapt activities
- Develops activities to enhance learning using a logical progression
- Uses good observation and communication to provide feedback to help the students.
- Show an understanding of how to set goals

At Level 1 students are expected to have a good grasp of the PEAR model and be able to Plan and Execute their lessons.

Please refer to the PEAR model in the manual for further information and guidance

Comments:

Teach Result: _____

Resit Details: _____

Movements:

Uses a proportional bend in ankles, knees and hips for an athletic posture
Shows ability to make movements in a variety of planes
Adjusts movements to vary outcome for turn size, speed and terrain

Balance:

Manages balance around a central point
Manages balance over the outside ski
Maintains balance against the edges of the ski to help with turning

Steering:

Blend of steering skills is adjusted for a variety of outcomes
Uses the lower body to lead the turning effort
Manages pressure relative to speed, terrain and turn size
Times movements effectively to create rounded, linked turns

Comments:

Core Skier Development:

Uses good posture and balance on flat skis while straight running Adjusts size of plough while gliding to manage speed
In turning phases, Plough size stays small and consistent using turning to control speed
Matches inside ski at different parts of the turn with effective balance and steering Basic parallel shows an open stance in rhythmical controlled turns

Comments:

Piste Performance:

Basic parallel uses a blend of steering for a round turn shape
Speed and Line is consistent in all turn sizes
Short turns are rhythmical
A rounded turn shape is maintained in short turns for speed control
Long turns leave clean tracks in the snow whilst controlling speed
Continuous movements are used in long turns to manage turn size

Comments:

Additional Activities:

Maintains a narrow corridor using active turning of the legs in braquage
Keeps a constant speed in direct and diagonal side slipping
Demonstrates switch skiing in a plough (mandatory pass needed)
Gliding on one ski to promote balance

Comments:

Skiing Result: _____

Resit Details: _____